

16th SEPTEMBER 2017 (8.45 AM 1.30 PM)

8.45 AM - 9.15 AM	'Enteral Nutrition in Paediatric Cardiac Surgical patients - Selection of Formula, Calculation & Preparation	<b>Chair person: Dr. Lakshmi</b> Head Dietetics- Global Hospital <b>Faculties:</b> <b>Mr. Krishnamurthy</b> - Secretary , IDA Chennai chapter
9.15 AM - 9.45 AM	<b>Nursing-PN Administration &amp; Monitoring in PICU</b>	<b>Dr. Hepsibah Sharmil Francis</b> Social Research Scientist, Dr. MGR. Educational & Research institute
9.45 AM - 10.15 AM -	<b>Fluid and Electrolyte Management in PICU</b>	<b>Moderator: Dr. G. Selvakumar</b> Sr. Consultant Intensivist MMM <b>Speaker: Dr. Udaya Charan Murmu</b> Sr. Consultant, Intensivist PICU, MMM
10.15 AM - 11.00 AM	<b>Oral Paper presentation- Nutrition Management in Surgery</b>	<b>Chair persons :</b> <b>Dr. Patricia True man</b> HOD- Dietetics MV Diabetes Royapuram <b>Ms. B. Srilakshmi</b> Program In charge IGNOU
11.00AM - 11.30 AM	<b>ADZAP</b>	<b>Nutritional Supplements</b>
11.30 AM - 12.00 Noon	<b>"Nutri Quiz "</b>	<b>Quiz on Nutrition in Surgery</b>
12.00 Noon - 12.30 PM	<b>Street play</b>	<b>Adverse Effects of Food Adulteration</b>
12.30 PM - 1.00 PM	<b>"Fashion show"</b>	<b>Food and Fashion from Different States</b>
1.00 PM - 1.30 PM	<b>VALEDICTORY</b>	

Patrons

**H.G. Dr. Yuhanon Mar Diascors-** President

**Mr. Reji Abraham-** Vice President

**Dr. K. Jacob-** Hon. Secretary

**Mr. Cherian Abraham-** Hon. Treasurer

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CME Chair person:

**Dr. Jacob Jamesraj**, Sr. Consultant, Cardio Thoracic Surgeon, ICVD, MMM

CME Vice Chair person:

**Dr. D. I. Sujatha**, Sr. Consultant Anesthetist, MMM

Organizing Secretary:

**Ms. S.Ranjitham Anderson**, Chief Nursing Officer, MMM

Joint Organizing Secretary

**Ms. Merina E Alex**, Dietetics In charge, MMM

Treasurer

**Ms. N. Vijayashree**, Executive Dietician, MMM

Scientific Chairperson:

**Ms. Meenakshi Bajaj**

President, Indian Dietetic Assn, Chennai Chapter & Dietician,

Tamil Nadu Govt. Multi Super Specialty Hospital, Chennai

Registration fees for NUTRIUTSAV' 17	Rs. 400/-
IDA members	Rs. 350/-
Spot registration	Rs. 500/-

Payment Mode of registration fees : By way of Demand draft in favour of  
"The Madras Medical Mission", Chennai.

Organizing Secretary:

**Ms. S.Ranjitham Anderson**, Chief Nursing Officer, MMM

Mobile : 7550084456, Email ID: ranjithamcno@gmail.com

Dietetics Contact Person:

**Ms. N. Vijayashree**, Executive Dietician

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DEPARTMENT OF NUTRITION & DIETETICS



DEPARTMENT OF NURSING

MADRAS MEDICAL MISSION



INDIAN DIETETIC ASSOCIATION

CHENNAI CHAPTER

Cordially invite you for the celebration of

"9<sup>TH</sup> ANNUAL NATIONAL NUTRITION SEMINAR"

**Nutriutsav-2017**

nutrition 4 health



**NUTRITION MANAGEMENT IN SURGERY**

**"AN INTER-PROFESSIONAL APPROACH"**

Chief Guest

**Dr. Sunil Thomas Chandy**, Director

Christian Medical College and Hospital, Vellore

On Friday and Saturday, 15th & 16th September 2017

First day: 9.00 AM to 5.00 PM

Second day: 8.45 AM to 1.30 PM

Venue:

**Zachariah Mar Dionysius Auditorium,**

**Madras Medical Mission**

No.4A, J. J. Nagar, Mogappair, Chennai.600 037

## INAUGURATION NUTRIUTSAV'2017

15th September 2017

### PROGRAMME

- 11.00 AM - PRAYER  
**Rev. Father Ninan Chacko**,  
Chaplain, MMM
- 11.05 AM - WELCOME ADDRESS  
**Mr. George Cherian M**  
Director Administration, MMM
- 11.10 AM - INAUGURAL ADDRESS  
**Dr. K. Jacob**  
Hon. Secretary, MMM
- LIGHTING THE LAMP BY THE DIGNITARIES  
Release of Souvenir - **NUTRIBLOOM**
- 11.15 AM - ADDRESS BY THE CHIEF GUEST  
**Dr. Sunil Thomas Chandy**  
Director  
Christian Medical College and Hospital  
Vellore
- 11.20 AM - ADDRESS BY THE GUEST OF HONOUR  
**Ms. Sheela Krishnaswamy**  
National President  
Indian Dietetic Association,  
ICDA Director
- 11.35 AM - VOTE OF THANKS  
**Ms. Merina E Alex**  
Dietetics In charge

## NUTRIUTSAV'17 9th ANNUAL NATIONAL NUTRITION SEMINAR NUTRITION MANAGEMENT IN SURGERY “AN INTER-PROFESSIONAL APPROACH”

15th September 2017 (9.00 am- 5.00 pm) Registration from 8.00 am onwards

- 9.00 AM - “Malnutrition and Surgery”  
9.30 AM WHERE ARE WE ?  
“NUTRITIONIST PERSPECTIVE “  
**Moderator: Dr. Samuel Sylvester Andugala**  
Sr. Consultant Anesthetist, MMM.  
**Speaker: Dr. Varsha. T** - Founder Chair,  
Indian Institute of Nutritional Sciences
- 9.30 AM - “NURSING PERSPECTIVE”  
10.00 AM  
**Moderator: Dr. Rosaline Rachel**  
Principal College of Nursing MMM  
**Speaker: Ms. Kavitha. K**  
Professor & HOD Department of Child Health Nursing, B.L.D.E.A
- 10.00 AM - “Nutritional management in GI Surgery”  
10.30 AM  
“MNT IN LOWER GI SURGERY”  
**Moderator: Dr. Ashok Chacko** - Director IGLD,MMM  
**Speaker : Dr. Patta Radhakrishna**  
Head, Dept of Surgical Gastroenterology  
Joint Director, Institute of Gastroenterology, SIMS  
(SRM Institutes for Medical Science)
- 10.30 AM-11.00 AM  
“NURSING PROTOCOLS FOR PARENTERAL NUTRITION IN GI SURGERY”  
**Moderator: Ms. Sophia Regies**  
Principal Bon Secor College of Nursing  
**Speaker: Ms. Arokiya Jaya Deepa. M,**  
Nursing Co- Ordinator, MMM
- 11.00 AM - Inauguration  
11.40 AM  
**Moderator: Dr. Dharini Krishnan**  
Nutrition Consultant, Mylapore  
**Speaker : Dr. Deepa Agarwal**  
Consultant Nutritionist, Tanvir Hospital, Hyderabad
- 11.40 AM - “Medical Nutrition Therapy in Bariatric surgery”  
12.10 PM  
**Moderator: Dr. Dharini Krishnan**  
Nutrition Consultant, Mylapore  
**Speaker : Dr. Deepa Agarwal**  
Consultant Nutritionist, Tanvir Hospital, Hyderabad
- 12.10 PM - “Nutritional management in Cardiac surgery”  
12.30 PM  
“ERAS Guidelines” Nutritional Management in Surgery  
**Moderator: Dr. Anbarasu Mohanraj**  
Senior Consultant, MMM  
**Speaker : Ms. U. Uthara,**  
Chief Dietitian, SIMS(SRM Institutes for Medical Science)
- 12.30 PM - “Challenges and Complications in Managing nutrition in Post operative Adult Cardiac surgeries”  
12.50 PM  
**Moderator: Dr. Dinesh Kumar. M**  
Medical Superintendent, MMM  
**Speaker :Dr. Vinitha Krishnan-**  
Consultant Clinical Nutritionist, Fortis Malar hospital.

12.50 PM -  
1.20 PM

“Nursing Protocol for safe Enteral Feedings in Cardiac surgery”

**Moderator: Ms. Ruth Rani Princely**  
Associate Professor, Omayal Achi College of Nursing  
**Speaker: Ms. Kavitha .P,** Clinical Manager, Institute of Liver Disease & Transplantation, Global health City Hospital

1.20 PM - Lunch  
2.00 PM

2.00 PM - Medical Nutrition Therapy  
2.30 PM in Post Operative Hyperglycemia

**Moderator : Dr. Manoj Kumar Shah**  
Diabetologist , MMM  
**Speaker: Ms. Meenakshi Bajaj**  
President ,Indian Dietetic Assn, Chennai Chapter &  
Dietician ,Tamil Nadu Govt. Multi Super Specialty Hospital,  
Chennai

2.30 PM - Nutritional Management in  
3.00 PM Transplantation

**Moderator: Dr. Georgi Abraham**  
Director IKUOT, MMM  
**Speaker : Dr. Naresh P. Shanmugam**  
Director- Institute of Advanced Pediatrics-  
Hepatologist and Gastroenterologist,  
Gleneagles Global Health City

3.00PM - “Immuno Nutrition in  
3.30 PM Surgical Patients ”

**Moderator: Dr. Shajahan .I-**  
Sr. Consultant Intensivist ,MMM  
**Speaker :Dr. P. C. Vijayakumar,** Director Academics,-  
Chief Anesthesiologist & Intensivist, Sooriya Hospital

### NUTRITION MANAGEMENT IN PEDIATRIC CARDIAC SURGICAL PATIENTS

3.30 PM - RECENT UPDATES  
4.00 PM Pediatric Nutrition Requirement

**Moderator: Dr. Ravi Agarwal**  
Sr. Consultant - Pediatric Cardiac Surgeon  
**Speaker: Dr. A. J. Hemamalini,**  
Head- Clinical Nutrition, SRMC

4.00 PM - Nutritional Screening and Assessment  
4.30 PM in Cardiac Patients (Pediatric)

**Moderator: Ms. Joy Kezia**  
CNO, Malar Fortis, Chennai.  
**Speaker: Dr. Nirmala Jesudason** AODA

4.30 PM - Parenteral Nutrition in  
5.00 PM Pediatric Cardiac patients - PICU

**Moderator: Dr. Shobana Rajendran**  
Consultant Neonatologist Kanchi Kamakoti Hospital  
Child Trust Hospital  
**Speaker: Dr. Sujatha. D. I**  
Sr. Consultant Anesthetist, MMM

5.00 PM - HI TEA  
5.30 PM

**DEPARTMENT OF  
NUTRITION & DIETETICS**

**Nutriutsav-2017**



**The Madras Medical Mission**